

2020 Class Schedule

(Classes are organized by class day and time)

Radio Theater

The goal of this program is to introduce students to the basics of radio theater. They will explore various live sound effects techniques used in the golden age of radio, and learn how sound effects support the auditory illusion of the story. Students will create their own scripts, based on a NYC theme, which will be performed and recorded before a live audience at the end of the program.

Artist: Richard Grunn

Time: Monday, 9:30 – 11:30AM

Location: Weinberg Center for Balanced Living (197 East Broadway)

Radio Show: Hear, Here!

Hear! Here! is a variety radio show which captures the stories of older New Yorkers crafted in storytelling and audio production workshops held at Phipps NORC.

Artist: Laura Nova

Time: Monday, 10AM – 12PM

Location: Phipps Neighborhood N.O.R.C. (520 Second Ave, Ground Fl.)

Swing n' Seniors

This residency will engage the seniors in actively moving and dancing. We will draw material from the swing era with its vibrant vocabulary, community-based participation and infectious music of brass and rhythm. We will be incorporating our own voices and stories as we progress throughout the months together. Also, there will be a writing component that will go hand-to-hand with our movement.

Artist: Simone Coonrod

Time: Monday, 10AM – 12PM

Location: Washington Lexington Senior Center (1775 Third Avenue)

Theatrical Storytelling

This is a series of workshops for English-speaking and Chinese-speaking seniors to develop their storytelling artistry through theatre activities focusing on different aspects of storytelling. With techniques learned and confidence gained in the workshops, participants will be able to bring their stories to life and develop a performance that consists of individual and collective stories. In the process, participants will be able to build connections with each other and with the community.

Artist: Jing Dong

Time: Monday, 1:30 – 4:30PM

Location: Hamilton Madison House/Knickerbocker Village Senior Services NORC (36 Monroe Street, DG1)

*本課程可用普通話進行

Creative Practices: Drawing, Painting, Sculpture

Participants are invited to actively engage in creating artwork from concept to finished work including drawing, collage and small sculptural objects. We will consider art historical references, contemporary art, group discussions, writing and personal narratives.

Artist: Patricia Ayres

Time: Monday, 3 – 5PM

Location: Stanley M. Isaacs Neighborhood Center (415 East 93rd Street)

Japanese Dance Workshop

In this workshop, participants will learn the basics of Japanese classical dance, repertoires from kabuki dance, and folk dances, and they will have a chance to perform as part of the public component of the project, followed by audience participation.

Artist: Sachiyo Ito

Time: Tuesday, 9:30 – 11:30AM

Location: Hudson Guild Neighborhood Senior Center (441 West 26th Street)

Mother Song

Mother Song is a poetry workshop in Spanish for senior citizens of the Washington Heights community, in Manhattan. This program consists on weekly sessions, visits of guest speakers, field trips, and a public reading and publication.

Artist: Natasha Tiniacos

Time: Tuesday, 10AM – 12PM

Location: Fort Washington Neighborhood Senior Center (4111 Broadway)

***Esta clase se dictará en español**

Moving Stories

Moving Stories uses movement, theater, and writing exercises to enable participants to make short powerful performances, telling stories from their lives and using movement and music to bring them to life. Each class will begin with a movement warm up and ends with a writing workshop. There will be performances of the work created. Movers and storytellers of all kinds welcome!

Artist: Lucy Sexton

Time: Tuesday, 10:30AM – 12PM (February 3 – June 23)

Friday, 11AM – 12PM (April 24 – June 19)

Location: Project FIND Clinton Neighborhood Senior Center (530 West 55th Street)

An Introductory Course in Chinese Brush Painting – A Closer Look at Nature

This course introduces fundamental concepts and techniques of Chinese brush painting. Participants practice brushstrokes unique to Chinese brush painting, mastering basic techniques to let them develop their own forms of artistic expression. The class explores the beauty of Nature. Subjects being studied include flowers from various seasons, landscape, animals and insects.

Artist: Jade Lam

Time: Tuesday, 10:15AM – 12:30PM

Location: Sirovich Innovative Senior Center (331 East 12th Street)

World Drumming

World Drumming will focus on various types of music from around the world. We will use instruments and our voices to express ourselves. This class will help us connect with each other, our own creativity and have fun!

Artist: Ethan Fox

Time: Tuesday, 10:30AM – 12:30PM

Location: CHSCC/Beatrice Lewis Senior Center (2322 3rd Avenue, 2nd Floor)

Poetry in Movement

Poetry in Movement explores dance alongside poetry as equally evocative forms of expression. Participants will learn a sequential movement practice for strengthening and mobility as well as explore abstract and interpretive movement. Throughout the series we will read and discuss specific poems and forms, creating parallel movement poems. Classes will be appropriate for seniors of all levels of experience and physical ability by listening to individual needs and celebrating each unique body and experience.

Artist: Navarra Novy-Williams

Time: Tuesday, 1:30 – 2:30PM

Location: Project FIND Hamilton Innovative Senior Center (141 West 73rd Street)

Experimental Portraiture

Beginning with an introduction to fundamentals of picture making, the class will examine ideas around portraiture. We will focus on the following concepts: point-of-view, empathy, agency, identity, and self-representation; how lighting, body language, and environment are a few factors that impact the viewer's reading of an image. This class will enable students to enhance their artistic vision, while delving deeper into the complexities of the individuals that make up the community around the senior center.

Artist: Zoe Freilich

Time: Tuesday, 1 – 3PM

Location: PSS Harlem Neighborhood Senior Center (18th Mount Morris Park West)

Graffiti Art, the Word, the Meaning, the Art Form

This program is designed to engage participants in graffiti art projects. In the process, participants will learn the history of the art form and introduce seniors to the language and its meaning. The program's unimimidating design welcomes those with little or no confidence in their artistic abilities and provides a fun and informative experience for all.

Artist: James Top Cade

Time: Tuesday, 1:30 – 3:30PM

Location: Hamilton Grange Neighborhood Senior Center (420 West 145th Street)

Latin Social Dance and Exercise

Latin Social Dance and Exercise is a specially designed program for seniors that promote physical activity and the joy of social dancing. They will be proud of their Latin heritage while they learn the basic steps and the culture and history of the most popular Latin dances like: Salsa, Merengue, Cumbia, Bachata, Chachacha and Argentine Tango.

Artist: Walter Perez

Time: Wednesday, 10AM – 12PM

Location: Riverstone Senior Center (99 Ft Washington Avenue)

Mood Map – Charting Life Changes with Writing & Movement

Through writing and movement we will explore life changes on the micro and macro level. Using push-pin avatars on a landscape of moods we will track mood shifts at the beginning and the end of each workshop. The map will be changed/added to by participants using collage, colored pencils etc. to reflect the people who use it. Mood Maps will culminate in a showing/reading of the work and photos of the changing map.

Artist: Alice Klugherz

Time: Wednesday, 1 – 3PM

Location: Project FIND Coffeehouse Senior Center (331 West 42nd Street)

Spanish Guitar Workshop

This is a Spanish guitar workshop taught by Lisa Spraragen. Learn guitar basics - tuning, chords, arpeggios and rhythms. We will practice as a group and you will receive individual instruction. Percussionists, singers, dancers and aficionados of guitar are all welcome.

Artist: Lisa Spraragen

Time: Thursday, 11AM – 1PM

Location: COTHOA Luncheon Club Senior Center (2005 Amsterdam Avenue)

Life Stories Storytelling Residency

This is a storytelling residency including music, visual arts, personal narratives and traditional stories. The residency culminates with a performance celebrating the rich culture and lived experience of the participants.

Artist: Linda Humes

Time: Friday, 10AM – 12PM

Location: Gaylord White Neighborhood Senior Center (237 East 104th Street)

Wisdom and Wonder

This project explores the effect of Synesthesia (union of the senses) on creativity utilizing a combination of painting, poetry, inspirational quotes, illuminated manuscripts, and calligraphy.

Artist: Sue Burickson

Time: Friday, 10AM – 12PM

Location: Project FIND Woodstock Senior Center (127 West 43rd Street)

What's YOUR Story? Memoir Workshop

This is a memoir-writing workshop that will start in February and run through June 2020. Over the course of the program, SU-CASA participants will work together and individually to start (or continue) their memoirs. Participants will read and discuss each other's work as well as that of published authors. This workshop provides a safe space for sharing stories and a supportive atmosphere for building writing skills and confidence.

Artist: Marty Correia

Time: Friday, 10AM – 1PM

Location: Carter Burden Luncheon Club Neighborhood Senior Center (1393 York Avenue)

Let's Do Modern! – Integrate Modern Ideas in Your Visual and Written Works

Modernism is a period of visual and written culture that spans the 19th and 20th centuries. *Let's Do Modern!* workshops examine ideas related to Places/Spaces, Identity, Object-making, and Society. The workshops provide a congenial and safe space for participants to explore the creation of their own visual and written works related to Modernism.

Artist: DOEprojekts – Deborah Adams Doering and Glenn N. Doering

Time: Friday, 2 – 3:30PM

Location: Lenox Hill Neighborhood House Senior Center at St. Peter's Church (619 Lexington Avenue)