

SAMPLE REFLECTION SHEET

Below we have provided an example of a reflection sheet that should work for most situations. A reflection sheet serves as record of the workshop and a guide for the improvement of teaching and learning. After each workshop session, use this tool, or something similar, to note your observations and consider the implications for your work in the future.

Site:

Date:

Session #:

1. What was the desired learning outcome or primary goal for this session?
2. Did we achieve the learning outcome or accomplish the primary goal for this session? How, and why or why not?
3. Were the students engaged in the lesson? How do I know that they were engaged?
4. What were the challenges in the session?
5. What were the successes in the session?
6. Are there adjustments that should be made to this lesson plan? What are they?
7. What will I continue to focus on and work on in my teaching practice?